



WELCOME TO THE

BE CENTRE NEWSLETTER

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Annual Report: 2025



We're thrilled to share the launch of Be Centre's 2025 Annual Report! This year's report celebrates the incredible impact our community has made together with children re-discovering a sense of safety and resilience, educators deepening their practices, and families experiencing the power of play-based therapy.

It captures the stories, milestones, and collective achievements that shaped 2025 at Be Centre and reflects our ongoing commitment to early intervention and undoing the unthinkable.

We're proud of how far we've come and are deeply grateful to everyone who has supported and believed in our mission. We invite you to explore the report and celebrate with us the journey of growth that 2025 was.

**SCAN THE QR CODE TO
READ THE FULL REPORT**



S: @becentrefoundation | E: info@becentre.org.au

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Step Into our New Foyer

FUNDED BY THE ROTARY CLUB OF WARRINGAH



Be Centre has a newly furnished foyer area, thanks to the kindness and generosity of the Rotary Club of Warringah.

The new furniture in this space has made it feel warmer and more welcoming, creating a more comfortable, homely environment for parents as they wait for their children during their play therapy sessions.

We always aim to take care of our families, and provide the best for them, and this is another amazing step in that journey.

Thank you Rotary Club of Warringah for helping us take care of our families.



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Central Coast Program Update

HEALING AS MANY CHILDREN AS POSSIBLE



A story from our CEO

For two terms, I had the privilege of working alongside Emily (Be Centre Art Therapist) to establish our Central Coast outreach groups. It was one of the most rewarding and humbling experiences I've had in a long time. It gave me a window into the days of our therapists. Into the emotional labour. Into the quiet persistence. Into how much of themselves they bring into every single session.

We began with four children.

Three siblings, aged three to nine and one ten-year-old. Four little nervous systems carrying more than they should.

*Our "clinic" was a marquee at the local RSL. Each week the structure seemed to sag a little more. The wind came through. The paint went everywhere. There were tears. Aggression. Dysregulation. So much noise. So much chaos. Some weeks I drove home wondering: **Are we helping at all?***

There was one boy nobody seemed to believe in. One girl who cannot find a place she feels safe. Another who thinks she simply doesn't fit. One child trying to make sense of a confusing world.

And we were sitting in a tent. But we kept showing up. Emily kept adjusting. Trying. Reflecting. Persisting. We held the line when it felt messy. We stayed when it felt slow. We trusted the process when nothing

*looked like progress. **Two terms later, everything has shifted.***

We are now in a proper space with walls, air-conditioning, containment. Kathleen and Thea have joined as co-facilitators, bringing extraordinary skill and steadiness. We have formed a referral partnership with Central Coast Family Support Service an organisation so values-aligned it feels like destiny.

But the real shift is not the room. It's the children.

Yesterday, something happened. The same children who once flooded the space with paint and overwhelm sat together, focused.

*They collaborated. They concentrated. They created. **A puppet show.** And not a chaotic one. A thoughtful, cohesive, beautifully constructed one, together – forming a bond between children so very different. A young boy has found a place where he is accepted just the way he is. **He stands taller. He smiles.***

Two children whose parents doubted they would last, who had tried other therapies without success have found their tribe. Their safety. Their place. You could see it in their posture. In their laughter. In the way they respected each other's space.

*This is what outreach looks like. Not polished. Not easy. Not immediate. **But transformational.***

Our Central Coast team operates away from the Be Centre "cocoon," yet what defines us travels. The Be Centre way (safety, persistence, belief in the child) transcends postcode and building type.

I am so proud I could burst. Thank you to everyone who supports this work - clinically, operationally, financially, administratively, emotionally. Thank you for trusting experimentation. Thank you for holding the standard. Thank you for believing that even a marquee can become a place of healing.

Yesterday was proof.

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Gala Dinner: 2026

'BE THE LIGHT' GALA DINNER 2026



As we step into a fresh year full of new opportunities, we're excited to reconnect with you and continue building our community together.

2026 is set to be a year full of connection, impact and meaningful change, helping us further our mission of supporting as many children as we possibly can. With you by our side, we know that this year we will reach new heights in achieving this!

We would like to extend a friendly reminder that our upcoming Annual Charity Gala will be at Manly Pacific Hotel, on the 24th of April this year!

It's shaping up to be a wonderful evening, and we would be delighted to have you join us.

When: Friday 24th April, 2026, 6pm

Where: Manly Pacific Hotel [55 N Steyne, Manly NSW 2095]

Ticket Price: \$280 for individual, \$2,800 for a table of 10

Champagne Pre-Sale: \$120 per bottle of premium Perrier Jouet Grand Brut Champagne

"There is always light. If only we are brave enough to see it. If only we are brave enough to be it. In times of darkness... Be The Light"

**SCAN THE QR CODE TO
PURCHASE TICKETS NOW**



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ANNUAL CHARITY GALA 2026

FRIDAY, 24TH APRIL 2026

MANLY PACIFIC HOTEL, SYDNEY

Beanstalk x Be Centre

PRODUCT COLLABORATION NOW IN STORE AT WOOLWORTHS



We're excited to share that Be Centre has partnered with Beanstalk in a new product collaboration that gives back with every purchase.

Now available in Woolworths stores nationwide, 25 cents from every bottle of Beanstalk's iced chocolate and iced coffee latte (both with no added sugar) sold, is donated to Be Centre, helping more children access life-changing Play Therapy.

With the range stocked in over 300 stores, it's a simple way to enjoy your day-to-day coffee or treat while supporting children's mental health.



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Celebrations

SUMMER LUNCH 2026

In February, our founder Deborah Killelea hosted a beautiful summer lunch with Be Centre's Founder's Circle, in celebration of Summer and the philanthropic women hosted. A heartfelt thank you from Be Centre to the incredible group of women who joined us for this beautiful lunch.

We are so grateful for the presence of these extraordinary women, and for the community we have in them, helping us reach new heights.

As leaders, connectors and advocates these women help connect Be Centre to resources and opportunities that allow us to better support children on their healing journeys, and for that we are so grateful.

We look forward to continuing this incredible journey with these amazing women and our wonderful community by our side.



How You Can Help



Donate

Whether it's \$20 or \$2,000, your donation will make a lasting difference. Make your difference count!



Fundraising

Fundraising can make a huge difference. It's also a chance to connect with friends, family, colleagues and the community!



Volunteer

For small charities, volunteers are critical. We would love your support. Please contact us if you or your organisation are interested.

